

Book Reviews

PER 17:3

A Quick Glance at Paediatrics

Authors: Beckie Nnenna Tagbo and Bertilla Uzoma Ezeonwu

Cambridge Scholars Publishing (February 1, 2019)

793 pages hardcover-\$72

ISBN- 9781527520837

An updated review of A Quick Glance at Paediatrics

This is a well-organized concise text of entire pediatrics.

It has 18 systematic sections, each with several chapters. Each chapter has a bibliography. It has many helpful tables.

A useful didactic text for medical students, trainees, and practicing pediatricians.

I suggest that in the next edition the chapters on abnormal growth and its treatment should be enlarged-i.e-growth hormone disorders are not mentioned.

Recommended

April 7, 2022

Adrenal Disorders, 1st Edition-100 Cases from the Adrenal Clinic

Editors: Williams F. Young & Irina Bancos

Elsevier: April 2022

368 pages Hardcover-\$125

ISBN- 9780323792851

A review" Adrenal Disorders, 1st Edition-100 Cases from the Adrenal Clinic

This is an erudite didactic text written by 2 recognized endocrine experts. It presents in a condense, highly illustrated manner, the clinical presentation, investigatory, diagnosis and treatment of 100 patients with an adrenal disorder.

Each presentation is followed with very update references. Directed to adult endocrinologist, it includes 7 patients with adrenal disease in pregnancy.

As a pediatric endocrinologist, I would have appreciated a description on the health of the progeny of these women.

recommended to practicing endocrinologist

Atlas of Pediatric Physical Diagnosis-8th Edition

Editors: Basis J. Zitelli, Sara McIntire, Andrew Nowalk, Jessica Garrison

Elsevier-October 2021

1040 pages Hardcover-\$127

ISBN- 9780323777889

A review" Atlas of Pediatric Physical Diagnosis

The 8th edition of this extraordinary textbook is a must for all pediatric medical clinics and practicing physicians. In 25 chapters and thousands of color photos, schemes and tables, the authors present the diagnosis of common clinical disorders. Access is given to visual findings. The text is user-friendly and each chapter has a list of references.

Each book has an activating code for the e-book version and 24 supplemental videos are available at experconsult.com.

This is a useful book also for geneticists and all pediatric specialty clinics including psychologists and social workers, students' and residents. Each one will find useful information for their practice. It is of high quality production.

Both the authors and the publisher should be commended for this publication.

Highly recommended

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Nutrition and Disease-Prevention and therapy

Author: Kenneth Lundstrom

Cambridge Scholars Publishing (April 1, 2020)

180 pages hardcover-\$120

ISBN- 9781527546530

A review of Nutrition and Disease-Prevention and Therapy

The author, a molecular geneticist, reviews in 8 chapters, present knowledge and controversies on the influence of nutrition on diseases and on the roles of nutrition in prevention of disease.

In addition, chapters discuss Nutrigenomics and nutrition and epigenetics and nutrition and drug development.

An interesting text with many references for nutritionists, gastroenterologists and practical physicians.

PER 17:4

The Age of Informed Consent-A European History

Editors: S. Hostiuc and O. Buda

Cambridge Scholars Publishing (July 1, 2018)

248 pages hardcover-\$80

ISBN- 9781527511040

A Review of The Age of Informed Consent- A European History

A very timely text on a very much discussed subject. As seen the topic is not new and occupied legal institutions already centuries ago. The main reviews are on the laws in European countries but comparisons are made with the USA. Written informed consent is nowadays used before any medical procedures are performed but there are special conditions such as in psychiatric conditions or at what age does a child have legal rights. The book has many references after each chapter-divided by countries.

The authors deserve to be commended for their work.

For bioethicists, lawyers and all practicing physicians

Breastfeeding: A Guide for the Medical Profession-Ninth Edition

Authors: Ruth Lawrence, Robert Lawrence

Elsevier 2021

1088 pages paperback-\$72

ISBN- 9780323680134

An updated review of" Breastfeeding :A Guide for the Medical Profession-Ninth Edition "

In recent years there have been many advances in the physiological and behavioral process associated with breast feeding and the behavior of the neonate. This unique text book is in the 9th edition.

The latest knowledge on the above is reviewed in 26 chapters starting with the anatomy of the breast nursing; diseases of the breast feeding and transmission of diseases of the mother via breast milk to neonate; early growth of infants up to educating medical professionals of interest in the chapter is of lactation care in lesbian, gay, bisexual and transgender families. There is a large number of appendices related to breast feeding. The majority of chapters are written by Ruth and Robert Lawrence and others experts from the US, Puerto Rica and Israel

Each chapter is well organized, easy to read, with many tables and illustrations in color. The references for teach chapter are available on the expert control link revealing the e-book.

Highly recommended

February 20, 2020

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Everyday Ethics-Moral Theology and The Practices of Ordinary Life

Editors: Michael Lamb and Brian Williams

Georgetown University Press, October 2019

Library of Congress Control Number: 2018059527

264 pages, Paperback \$47

ISBN: 9781626167070

The book is divided into 3 sections.

Section 1 (4 chapters); Interdisciplinary perspectives.

Section 2 (6 chapters): Parties in Everyday ethics.

Section 3 (3 chapters) A future for Moral theology?

The interaction between religious and ethics is repeatedly discussed.

Each chapter has notes of sources and references.

Recommended

PER 17:4

Genetic Consultations in the Newborn

Editors: Robin Clark, Cynthia Curry

Oxford University Press-published February 2019

400 pages Hardcover-\$90

ISBN- 9780199990993

Review of Genetic Consultations in the Newborn

New technical development in genetic and long term experience in neonatal dysmorphology enabled the two authors to complete this very important treatise. It has 9 parts:

Part 1- common issues e.g. hypotonia , overgrowth etc... (6 chapters)

Part 2- cardiovascular system (2 chapters)

Part 3- craniofacial system (5 chapters)

Part 4-central nervous system (6 chapters)

Part 5- gastrointestinal system (5 chapters)

Part 6- genitourinary system (2 chapters)

Part 7- skeletal system (6 chapters)

Part 8- skeletal dysplasia (4 chapters)

Part 9- skin system (5 chapters)

and an Appendix with commonly syndromes

Each chapter describes many syndromes falling in that category with many high quality illustrations followed by a bibliography.

The authors should be commended for this new useful text and the publisher for the high quality of production.

Highly recommended to neonatologists

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Innovations in the management of neuroendocrine tumors: Number 3 of Volume 47 of the series Endocrinology and Metabolism Clinics of North America

Editors: Ashley Grossman and Adriana G. Ioachimescu

Elsevier (September 2018)

731 pages hardcover- \$105.64

ISBN-9780323641050

Reviews in 17 chapters the perquisites made in this field. The authors are an international team of experts. It contains the new WHO classification (2017) the genetic studies and the diagnosis and treatment of the variable. It is clearly written with many tables and illustrations in color. It presents an important aid to endocrinologists treating this type of treatment.

Recommended

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Maternal-Fetal and Neonatal Endocrinology

Editors: Christopher S. Kovacs; Cheri L. Deal

Elsevier (October 2019)

1,038 pages- for either the print or ebook the price is \$187.5 each-for both it is \$300.

ISBN Paperback- 9780128148235

ISBN E-Book- 9780128148242

The editors should be commended for delivering this triplet: 3 textbooks in one.

- I. **The Mother** follows in 28 chapters the physiology, pathos-physiology and endocrinology of pregnancy and lactation.
- II. **Physiology and endocrinology of the fetus and placenta** (13 chapters)
- III. **Endocrine disorders affecting the fetus and neonate**. (10 chapters: the last is on new diagnostic technologies.

Written by international experts, each chapter has several sections which again have several subsections. Each chapter has many references, the year of updating differing between chapters.

It might have been useful if all tables and illustrations were in color.

The letters in some tables are too small to be read (F47.2) and might be typed on 2 pages.

In the definitions of SGA (p. 914) the terminology of short for gestational age SGA and underweight for age (UWGA) may be more appropriate than using weight for growth.

This is a tremendous didactic "chef d' oeuvre" of the many contributions.

Highly recommended to obstetricians, neonatologists and endocrinologists.

April 27, 2022

**Nelson Pediatric Symptom Edition -Based Diagnosis: Common Diseases and their Mimics -
2 Edition**

Editors: Robert Kliegman, Heather Toth, Brett Bordini, Donald Basel

Elsevier: January 2022

1,264 pages Hardcover-\$100

ISBN- 978-0-323-79174-1

**A review" Nelson Pediatric Symptom-Based Diagnosis: Common Diseases and their Mimics-
2 Edition**

It is the second edition of this very useful text for practicing pediatrics, students, interns and residents.

As the editors state "Patients present with symptoms."

The book is organized in 12 sections and 61 chapters according to disease systems.

It is clearly written with many tables and illustrations in color. It presents an unprecedented help in diagnosis of diseases in the pediatric age span.

A bibliography for each chapter is provided by unlocking the e-book using a code provided in the front inner cover.

The editors, authors and publisher should be commended for this production.

Highly recommended

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Obesity, An issue of endocrinology and metabolism

Editor- Michael Jensen

Elsevier-May 2020

240 pages, Hardcover - \$107

ISBN: 9780323713061

Review of Obesity

Number 2 of volume 49 of the series-Clinic Review Articles (Endocrinology and Metabolism).

Brings in 10 chapters updated findings on sex differences in adipose tissue function, visceral fat, GH and obesity, obesity in pregnancy and 5 articles on the strategy of treatment including bariatric surgery.

Recommended

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Overgrowth Syndromes: A Clinical Guide

Editors: Giovanni Neri, Luigi Boccuto, Roger Stevenson

Oxford University Press-published March 2019

288 pages Hardcover-\$94

ISBN- 9780190944896

Review of Overgrowth Syndromes: A clinical Guide

The authors present the diagnosis, genetic defects of common and rare overgrowth syndromes.

Recommended for neonatologists, geneticists and practicing physicians.

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Perinatal genetics

Editors: Mary Norton MD , Jeffery Kuller MD, Lorraine Dugoff MD

Elsevier, (February 2019)

206 Pages, Paperback \$85.49

ISBN: 978-0323530941

This is a very timely and important text at a time when new methods of genetic analysis disclose clinical entities.

This volume reviews in 16 chapters the principals of genetics and genomics molecular genetics chromosomal analysis, exome and genome synching prenatal diagnostic testing, preimplantation genetic testing and fetal treatment of genetic disorders.

Each chapter has tables and illustrations in color and an updated reference line. The editors and authors should be commended for this very didactic volume.

Highly recommended for gynecologists neonatologists and geneticists

PER 17:4

Philosophy of Medicine

Author: Alex Broadbent

Oxford University Press-published February 2019

296 pages paperback-\$30

ISBN- 9780190612146

An updated review of Philosophy of Medicine

Health care workers of all professions provide daily medical aid care for ailing people. The author of this book analysis the link between medicine, bioethics, the nature of diseases and how to make medical decisions.

An important issue discussed is attitudes towards patients with incurable diseases. The book has a large reference list.

Recommended for physicians, psychologists and social workers.

Pituitary Tumors-A comprehensive and Interdisciplinary Approach

Editors: Jurgen Honegger, Martin Reincke and Stephan Petersenn

Academic Press –April 2021

722 pages paperback-\$170

ISBN- 9780128199497

An updated review of” Pituitary Tumors- A comprehensive and Interdisciplinary Approach”

Written by a group of internationally acclaimed experts. This classic text book of pituitary tumors reviews in 12 sections and 50 chapters the recent knowledge on the diagnosis and treatment of pituitary tumors.

The sections are entitled:

- I. Preclinical essentials – (5 chapters including anatomy and laboratory tests).
- II. Neuroradiological and ophthalmological diagnosis in the pituitary tumors (3 chapters)
- III,IV. Endocrinological diagnosis (4 chapters) and treatment (6 chapters) includes prolactinomas, acromegaly, Cushing’s disease.
- V. Surgical treatment(8 chapters)
- VI. Histo-pathological classification (2 chapters)
- VII. pre and post-operative care (5 chapters)
- VIII. Radiotherapy (2 chapters)
- IX. Aggressive tumors (2 chapters)
- X. Nonfunctioning tumors (7 chapters including craniopharyngiomas Rathke’s cleft cysts.
- XI. Co-morbidities (3 chapters)
- XII. Special issues (4 chapters including QoL, multidisciplinary team perspective.

A state of the art didactic text of high technical production, with many illustrations, tables and references.

Highly recommended to endocrinologists, urologists, neuro-radiologists , neurosurgeons, neuro-ophthalmological and oncologists.

Practical Approach to Pediatric and Adolescent Endocrinology

Editor: IPS Kochar, Smita Ranachandran and Aashish Sethi

Thieme India –2021

226 pages paperback-\$22

ISBN- 9789390553068

An updated review of” Practical Approach to Pediatric and Adolescent Endocrinology”

This is an exceptional, up-dated, educational text of pediatric endocrinology aimed at medical students, interns, residents in pediatrics and endocrinology and practicing physicians.

It describes in a very didactic way in 18 chapters endocrine and metabolic disorders encountered in children and adolescents starting with growth and ending with tools to setting up an endocrine clinic.

One chapter reviews present knowledge on the relationship of the Covid-19 pandemic on endocrine diseases.

Another chapter illustrates growth charts tools for endocrine examination and an appendix provides normal values for various hormonal tests.

Highly illustrated and tables in color this is a highly recommended book.

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Pregnancy and Endocrine Disorders: Number 3 of Volume 48 of the series Endocrinology and Metabolism Clinics of North America

Editor: Mark E. Molitch and Adriana G. Ioachimescu

Elsevier (September 2019)

655 pages hardcover-\$49

ISBN- 9780323682244

An updated review of endocrine disorders during pregnancy describes the clinic and treatment of these disorders.

A clear and useful text for gynecologists and endocrinologists. I wonder why there is not a subject index. As a pediatric endocrinologist I would have appreciated details on the newborns of these pregnancies.

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Processed Food and Addiction Foundations, Assessment and Recovery

Editors: Joan Iffland, Marianne Marcus, Harry Preuss

CRC Press-published February 2020

480 pages paperback-\$55

ISBN- 9780367503420

An updated review of Processed Food Addiction-foundations, Assessment and Recovery

This volume presents evidence that food addiction of processed food is one of the modern causes of obesity. It also reviews diagnostic approaches to diagnose these disorders and ways for intervention. Each of the 31 chapters has a reference list.

Recommended for nutritionists, obesity clinics and practitioners.

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Sports Medicine Primary Care: Clinics in Office Practice

Editor- Peter Carek

Elsevier-March 2020

188 pages, Hardcover - \$79

ISBN: 9780323777193

Review of Sports Medicine Primary Care: Clinics in Office Practice

Part of the series Clinical Review Articles Primary Care (Vol 47 no 1).

This multi author volume reviews in 12 chapters the diagnosis and treatment of most frequent injuries or underlining diseases occurring to athletes.

Addressed to general practitioners.

Recommended

PER 17:4

Technology in Diabetes-Endocrinology and Metabolism clinics of North America

Editor: Grazia Aleppo

Elsevier-January 2020

240 pages Hardcover-\$107

ISBN- 9780323697613

Review of Technology in Diabetes

Number 1 of volume 49 of the series Clinical Review Articles (Endocrinology and Metabolism).

The incidence of Diabetes Type 1 (T1D) is still progressing and no cure is in sight, however new technologies have advanced its treatment, prolonged life and prevented its complications. This volume reviews the present states of the applications of these technical advances, in the treatment of T1D in children and adults Type 2 diabetes in adults.

Two chapters review the psychological aspects of diabetes in children and adults.

For Diabetologist, endocrinologists and all professions which care for patients with diabetes, young and old.

Recommended

PER 17:3

The Death of Childhood: Reinventing the Joy of Growing Up

Author: Victor Strasburger

Cambridge Scholars Publishing (June 1, 2019)

261 pages hardcover-£62

ISBN- 9781527530843

An updated review of The Death of Childhood: Reinventing the Joy of Growing Up

A very timely text discussing in 10 chapters, how the rapid advances in technologies have changed the years of childhood including adolescence. Among the chapters: Kids & Media, Parents and Parenting, The problem of guns, etc.

The author should be commended for this so timely text.

Highly Recommended

PER 17-4

Perinatal Bonding Disorders-Causes and Consequences

Editors- Toshinori Kitamura and Yukiko Ohashi

Cambridge-May 2019

332 pages, Hardcover – \$68

ISBN: 9781527527782

Review of Perinatal Bonding Disorders-Causes and Consequences

Written by Japanese authors. It reviews the psychopathology of parental attitudes in developing relations between the parents and their baby.

Of interest to neonatologists, psychologists, psychiatrists, social workers and pediatricians in practice.

PER 17-3

The Physiology of the Endocrine System

Author: Olga Smirnova

Cambridge Scholars Publishing (May 1, 2019)

255 Pages, Hardcover \$119.95

ISBN: 978-1527529588

This is a practical basic text on hormones and their functions.

It is based on lectures delivered to students at the Lomonosov State University in Moscow. It is divided into 3 parts: Basic endocrinology, Basic mechanisms and Receptor signaling.

Each part has questions and answers for self-testing and recommended reading. It has 4 useful appendices: on Hormone secreting organs, Hormones secreting cells, Transport proteins and Hormone receptors.

Recommended to medical and biology students